

# **THE PERFORMANCE ANALYSIS OF ELITE PRO KABADDI PLAYER**




**A THESIS  
SUBMITTED TO THE VIDYASAGAR UNIVERSITY  
A THEORY PAPER  
FOR THE DEGREE OF  
MASTER OF PHYSICAL EDUCATION**

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**AUGUST 2023**



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MY FAMILY,  
MY TEACHER AND  
MY MENTOR**

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**DECLARATION**

I do hereby declare that the research work entitled “**THE PERFORMANCE ANALYSIS OF ELITE PRO KABADDI PLAYER**” on is original piece of work done by me under the guidance and supervision of Mrs Sudipta Das, assistant professor, Department of Physical Education of Mugberia Gangadhar Mahavidyalaya, Bhupatinagar, Purba Medinipur that was approved by the research committee. I have specified, by means of reference, the information from where the work taken. To the best of my knowledge, this dissertation is not substantially the same as those, which have already have been submitted for a degree or other academic qualification at any other university.

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# **CHAPTER-V**

# **SUMMARY, CONCLUSIONS AND RECOMMENDATIONS**

5.1 Summary

5.2 Conclusions

5.3 Recommendations

5.4 Suggestions for Further Research

## CHAPTER – V

### SUMMARY, CONCLUSIONS AND RECOMMENDATIONS

In this chapter the summary of all previous chapters has been decrypted, conclusion draw on the basis of results often had been put up in this chapter. Recommendations for future investigations and for health and wellness status of physical education teachers had also been included.

#### 5.1 SUMMARY

The summary of the present study was to find out the performance analysis of elite pro kabaddi player in KPL. For this study researcher purposively selected five players with the most scored raid point, five players with the most scored tackle point, and five players with the most scored all-rounder (point collection form raiding and defending). total fifteen players from KPL 2014-2022 season were selected. Their performance was measure by Total Raid point, Total Tackle point, Riding Average, Tackle Average, Super ten, High five, Super Raid, Super Tackle. The variable was tasted and measure through standard procedure with the help of graphical representation.

#### 5.2 CONCLUSION

On the basis of the analysis in the present study, the following conclusion were drawn-

1. pardeep Narwal was the highest scored raider among all the raider in point of all the season.
2. Naveen Kumar 's performance graph was increasing respectively.
3. but all the others raiders performance graphs were going to downwards.
4. Fazel Atrachali was the most scored defender.
5. Defender Ravindra Pahal and Girish Maruti played all season of pro kabaddi.
6. Young star Nitesh Kumar's performance graph was increase in a positive way. He shines as a new star of pro kabaddi league.
7. Deepak Hooda is one of the top all-rounders in kabaddi. He collected most all-round points.
8. Most of the players did well performance in his third, fourth and fifth seasons.

### **5.3 RECOMMENDATIONS**

The study will help to choose the best player for franchises and team.

### **5.4 SUGGESTIONS FOR FURTHER RESEARCH**

1. This type of work may be done for Female kabaddi league
2. This type of work may be done on another tournament of kabaddi.
3. A similar study may be conducted on other game like badminton, cricket etc.



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